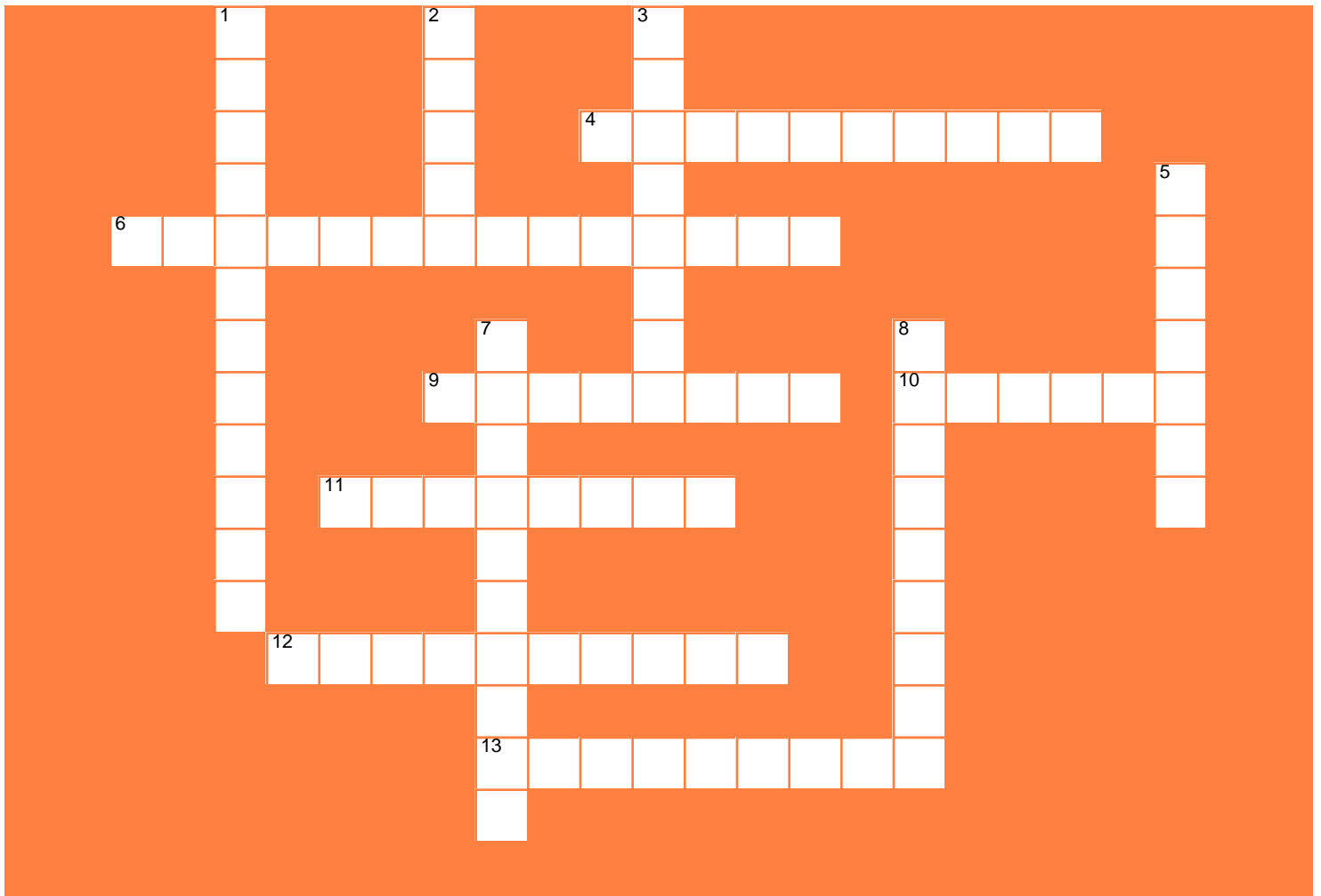


Self-Esteem



Across

4. People who set goals and work hard to achieve them have this characteristic.
6. People who can wait for what they want have this characteristic.
9. What kind of feelings are associated with low self-esteem?
10. People with low self-esteem often blame _____ when things go wrong.
11. What kind of feelings are associated with high self-esteem?
12. When people try to understand their own actions, they are being _____.
13. The opposite of feeling inadequate is feeling _____.

Down

1. When you can talk, listen, and interact with others in a rewarding way, you are said to have _____ (2 words).
2. One way to raise self-esteem is to set _____.
3. Name one thing people with high self-esteem aren't afraid of.
5. When they do not complete tasks, people with low self-esteem often make _____.
7. People's innate ability to bounce back is called _____.
8. The opposite of feeling unsure is feeling _____.